

TEACHER STRESS AND STRESS COPYING SKILLS OF PRIMARY SCHOOL TEACHERS
IN KERALA

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Year of study :2005

OBJECTIVES:

To Study the extent and nature of relationship between teacher stress and Stress copying Skills of primary Schoolteachers in Kerala.

METHODOLOGY

Method Used : Survey
Sample : 500 Primary School Teachers
Tool : Stress Copying Skills Inventory.
Teachers Stress Inventory (Kumar&Kumar,2001)
Statistical Technique : Test of Significance of Difference between means
Pearsons product moment Co-efficient of Correlation.

RESULT

The study revealed that there is no significant difference between teachers stress and copying skills of primary school teachers. The study revealed negligible, but negative relation exists between teachers stress and stress copying skills. Also found that low but positive relation was there in the components ability to relax in urban and private sample, in component resourcefulness in urban sample.

KEY TERMS: Teacher stress, Primary school teachers, stress copying skills.