

RELATIONSHIP OF GOAL ORIENTATION AND QUALITY OF LIFE OF TEACHERS OF KERALA

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OBJECTIVES

- To study the extent of goal orientation and quality of life of teachers.
- To compare the goal orientation and quality of life of high school teachers and higher secondary school teachers.
- To find out whether there is any significant relationship of goal orientation and quality of life of teachers in total sample and relevant sub samples.

METHODOLOGY

Method used : Survey method

Sample : 300 teachers from secondary and higher secondary schools of Kerala.

Tool : Goal Orientation Scale (Bindhu & Sindhu, 2010), Professional Life Satisfaction Scale (Sasidharan & Kumar, 2002)

Statistical techniques : Preliminary analysis, Test of significance of difference between means, Pearson's product moment co-efficient of correlation.

RESULT

There is no significant difference between the mean scores of goal orientation of high school and higher secondary school teachers. There is no significant difference between the Mean scores of quality of life of high school and higher secondary school teachers. There is significant relationship of goal orientation and quality of life of teachers in total sample and relevant subsamples

KEY TERMS: Quality of life, goal orientation, secondary school teachers