

MOTIVATIONAL BELIEFS AND ACADAMIC STRESS OF HIGHER SECONDARY
SCHOOL STUDENTS IN KOZHIKODE AND CALICUT DISTRICTS

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OBJECTIVES

To find out if there exists any significant relationship between motivational beliefs and academic stress of higher secondary school students.

METHODOLOGY

Method : Survey method

Sample : 600 higher secondary school students of Kozhikode and Malappuram district.

Tool : Motivational beliefs scale, Academic stress inventory.

Statistical techniques : Preliminary analysis, Pearson's product moment co-efficient of correlation, t-test, ANOVA

RESULT

There marked relationship between motivational beliefs and academic stress of higher secondary school students.

KEY TERMS: Motivational Beliefs, Academic Stress, Higher Secondary School Students