

NEED ASSESMENT OF SELF DEFENSE PROGRAMMES AMONG SECONDARY
SCHOOL GIRL STUDENTS

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OBJECTIVES

- To find out the extent of self defense among girl students.
- To compare the extent of self defense among rural and urban Girl students.
- To identify the need for further programmes on self defense for girls students.

METHODOLOGY

Method used : Transformative mixed method
Sample : 700 secondary school girl students.
Tool : Self defense Inventory
Statistical Techniques : Single sample t-test for mean comparison, Test of significance of difference between two mean for large independent groups.

RESULT:

The secondary school girl students have average level of self defense. The urban girl students are found to be higher in self defense than the rural students. The 95 percent girl students are of the opinion that self defense programmes are very needed for them and it should be conducted in schools.

KEY TERMS: Need Assessment, self defense programmes.

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