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Reg. No.....

FOURTH SEMESTER M.Ed. DEGREE (REGULAR/SUPPLEMENTARY) EXAMINATION, JULY 2021

M.Ed.

MED 13.1—GUIDANCE AND COUNSELLING

(2017 Admissions)

Time: Three Hours

Maximum: 80 Marks

- I. Short answer type/Annotation questions. Answer all questions. Each question carries 2 marks:
 - 1 What is rapport?
 - 2 What is antisocial behaviour?
 - 3 Define the concept of 'abnormality'.
 - 4 What are the basic causes for Mental Retardation?
 - 5 List any two Psycho-physiological disorders.

 $(5 \times 2 = 10 \text{ marks})$

- II. Short essay type questions/Problems. Answer any eight questions out of twelve. Each question carries 5 marks:
 - 6 What is meant by Directive Counselling? What are its limitations?
 - 7 Explain the importance of Non-verbal communication in counselling.
 - 8 What are the characteristics of children with learning disabilities?
 - 9 Explain developmental disorders with examples.
 - 10 Discuss the different variables affecting counselling.
 - 11 Describe the significance of Rational Emotive Therapy (RET).
 - 12 Who is an underachiever? What are the causes of underachievement?
 - 13 What is the importance of follow-up in guidance process?
 - 14 Explain the causes of suicide among people.
 - 15 What are basic principles of guidance?
 - 16 Explain the role of guidance and counselling in promoting mental health of learners.
 - 17 How do standardized testing helpful in guidance and counselling process?

 $(8 \times 5 = 40 \text{ marks})$

- III. Long essay type questions. Answer any two questions out of four. Each question carries 15 marks:
 - 18 What is the significance of group counselling? Discuss its advantages and disadvantages.
 - 19 Describe disorders of childhood and adolescence.
 - 20 Discuss the need of Educational guidance at Secondary level. Explain the steps involved in Educational guidance.
 - 21 Explain the role of communication in counselling and guidance.

 $(2 \times 15 = 30 \text{ marks})$