



C 42840

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Name.....

Reg. No.....

**FOURTH SEMESTER M.Ed. DEGREE EXAMINATION, JULY 2023**

M.Ed.

**MED 13.1—GUIDANCE AND COUNSELLING**

(2017 Scheme)

Time : Three Hours

Maximum : 80 Marks

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words as far as practicable.*

**Section A**

*Answer all questions from the following.*

*Each question carries 2 marks.*

1. State any two functions of counseling.
2. Write two merits of directive counseling.
3. What do you mean by Disorder ?
4. What do mean by normality and abnormality ?
5. Who are children with special needs ?

(5 × 2 = 10 marks)

**Section B**

*Answer any eight questions from the following.*

*Each question carries 5 marks.*

1. Why do we need collaborative effort of School and Community for School Guidance ?
2. Discuss the aims of Educational Guidance.
3. What is the scope of Counseling ? Discuss.
4. Give some important skills of an effective Counselor.
5. Explain the need for providing counseling to the youth in this contemporary situation.
6. What are the reasons and symptoms of Separation Anxiety Disorder ?
7. How do you conduct Counseling for Delinquent students ?

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8. Define Mental Retardation. What are the causes of Mental Retardation ?
9. Plan a counseling programme for the students with under achievement at secondary school level.
10. What are Habit Disorders ? State the causes of Habit disorders.
11. Discuss the reasons of Cardiovascular Disorders. What are the symptoms of Cardiovascular Disorders ?
12. Why do Gastrointestinal Disorders happen ? Write down the symptoms of Gastrointestinal Disorders.

(8 × 5 = 40 marks)

### Section C

*Answer any two questions from the following.*

*Each question carries 15 marks.*

1. Give a note on the nature of Counseling. Discuss in detail the various techniques of counseling.  
(5 + 10 = 15 marks)
2. What do you mean by Group Guidance ? Discuss the different techniques of Group Guidance,  
(3 + 12 = 15 marks)
3. Discuss the symptoms and treatments of ADHD.  
(8 + 7 = 15 marks)
4. What is the necessity of Counseling Programme in a School ? Describe the role and function of School Counseling.  
(5 + 10 = 15 marks)

(5 + 10 = 15 marks)

[2 × 15 = 30 marks]