



Name.....

Reg. No.....

FOURTH SEMESTER M.Ed. DEGREE EXAMINATION, JUNE 2018

MED 13.1—GUIDANCE AND COUNSELLING

(2015 Admissions)

Time : Three Hours

Maximum : 80 Marks

I. Short answer type/Annotation questions. Answer *all* questions carries 2 marks :

- 1 Discuss the concept of Guidance.
- 2 What are the assumptions regarding an individual in guidance ?
- 3 What is non-directive counselling ?
- 4 Who are underachievers ?
- 5 Describe the characteristics of an ADHD child.

(5 × 2 = 10 marks)

II. Short essay type questions/problems. Answer any *eight* questions out of twelve. Each question carries 5 marks :

- 6 Explain, how guidance is facilitating the understanding of 'self' ?
- 7 Discuss the outline of a 'career talk' with suitable illustrations.
- 8 Elaborate upon the three approaches to counselling.
- 9 Enumerate the qualities of-an effective school counsellor.
- 10 What are conduct disorders ? Explain the courses and remedies.
- 11 What are the stressors during adolescence ? How do you affect the adolescents ?
- 12 When do you employ 'Systematic Desensitization' as a counselling technique ? Discuss.
- 13 Describe the strategies used to facilitate career development among school students.
- 14 Discuss the functions of organizing orientation service in schools.
- 15 Elaborate upon various psycho-physiological disorders among school students.
- 16 How does guidance helps in preventing 'school violence' ?
- 17 Write a brief note on current mental health issues among school students.

(8 × 5 = 40 marks)

III. Long essay type questions. Answer any *two* questions out of four. Each question carries 15 marks :

- 18 Describe the steps involved in counselling process and the variables affecting the counselling process.
- 19 What are different developmental disorders ? Explain how counselling interventions are applied in each type.
- 20 Discuss the need and importance of Guidance and counselling in schools. Explain the role of teacher as a guidance functionary.
- 21 Elucidate the services of guidance counselling for children who are differently abled and disadvantaged.

(2 × 15 = 30 marks)