

OCCUPATIONAL STRESS OF HIGHER SECONDARY SCHOOL PRINCIPALS IN KERALA

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Year of the study : 2015

OBJECTIVES

- To find out the level of Occupational Stress of higher secondary school principals in Kerala

METHODOLOGY

Method : Survey method
Sample : 100 principals drawn from 100 higher secondary institutions of Kozhikode and Ernakulum districts of Kerala state
Tool : Occupational Stress Scale

Statistical Technique: Descriptive statistics, t-test and One-Way Analysis of Variance

RESULTS

The findings of the study have shown that most of the higher secondary school principals experience an average level of Occupational Stress.

KEY TERMS: Occupational Stress , Higher Secondary School Principals