

**PSYCHOLOGICAL WELL-BEING AND MOTIVATION AT WORK AS PREDICTORS
OF WORK ENGAGEMENT AMONG SECONDARY SCHOOL TEACHERS**

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Year of the study: 2015

OBJECTIVE

- To find out whether Psychological well-being and Motivation at Work can predict the Work Engagement of secondary school teachers.

METHODOLOGY

Method used: Survey method
Sample: 300 secondary school teachers
Tool: Psychological well-being scale, Motivation at Work scale, Work Engagement scale
Statistical technique used Pearson's product moment co-efficient of correlation, Regression analysis.

RESULT

Psychological well-being and Motivation at Work are significantly related to Work Engagement and the relationship is positive but low in each case, Intrinsic and Extrinsic Motivation were also found to be significantly related to Work Engagement, the relationship being positive and low. It was also found that Work Engagement of school teachers can be significantly predicted from Psychological Well-being and Motivation at Work.

KEY TERMS: Psychological well-being, Motivation at Work, Work Engagement