

RELATIONSHIP BETWEEN SCREEN TIME AND MENTAL HEALTH OF PROSPECTIVE TEACHERS

Name of the student : Aswani E.B

Name of the supervising teacher : Rishad. K

Year of study : 2021

OBJECTIVES

- To find out whether significant relationship between screen time and mental health status of prospective teachers for the total sample and sub samples based on stream of course, locale and type of management of the institution.

METHODOLOGY

Method : Survey

Sample : 300 prospective teachers

Tool : Screen Time Questionnaire, Mental Health Status Scale

Statistical technique : Test of significance difference between mean, percentile, Pearson's product moment coefficient of correlation

RESULT

There exist no significant relationship between screen time and mental health of prospective teachers for the total and relevant sub samples.

KEYTERMS: Screen time, mental Health, Prospective teachers.